Webinar Session on COVID-19

i4We Factories

#Tele Care - 080-47112423
between 9AM to 8PM, Monday to Saturday
Agenda

3rd wave preparedness and Response
Protocols and guidelines at workplace
Role of the factory team
Q & A

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What is causing the 3rd wave

- Mostly due to the Omicron VoC, which is a mutant strain.
- Characteristics of Omicron
  - More transmissible, slightly less virulent
  - Possibly reduced vaccine efficacy
  - Increased risk of reinfection/breakthrough infection
  - Preference for younger age groups.

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Should we be worried?

- Left unchecked, Omicron could overwhelm the Health System
- There is no need to panic:
  - Covid-Appropriate Behavior
  - Vaccination, including boosters
  - Testing as often as necessary.

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Symptoms Associated with the Omicron

There is currently no information to suggest that symptoms associated with Omicron are different from those from other variants.

All variants of COVID-19, including the Delta variant that is dominant worldwide, can cause severe disease or death, in particular for the most vulnerable people, and thus prevention is always key.

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Many people infected with COVID-19 show mild to no symptoms. The incubation period is from 2 to 14 days - possibly lesser for Omicron (3-5 days). The asymptomatic nature of the disease makes the transmission containment difficult. Thus, we can still catch the disease from an infected person who only has a mere cough, cold or fever and does not feel ill.

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# How Can It Spread?

## Coronavirus Transmission

<table>
<thead>
<tr>
<th>FOMITES</th>
<th>DROPLETS</th>
<th>AEROSOLS</th>
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<td><img src="image" alt="Image of contaminated objects" /></td>
<td><img src="image" alt="Image of droplets" /></td>
<td><img src="image" alt="Image of aerosols" /></td>
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**FOMITES** are contaminated objects and surfaces that transmit coronavirus from your **hands** to your **eyes, nose or mouth**. Fomite spread is more likely on hard, non-porous materials like metals and plastics. Regular use of **hand sanitizer** and vigorous **hand-washing** can prevent fomite spread.

**Droplets** are moist particles expelled from speaking, breathing, coughing and sneezing. They are considered to be the primary vector of COVID-19 infection. Virus-bearing droplets can spread coronavirus through your **eyes, nose or mouth**. Droplets do not remain airborne long: **6 feet of distance** limits exposure, but **masks covering the mouth and nose** are the best prevention.

**Aerosols** are tiny particulates that infected carriers exhale, especially when **shouting, singing, or speaking**. Aerosols are mostly **inhaled** as a means of transmitting the virus. Unlike droplets, aerosols can remain airborne for several hours, can travel further than 6 feet, and may accumulate, especially in poorly ventilated, **closed spaces**. **Masks**, worn snugly and properly, are extremely effective at containing aerosols. **Remaining outdoors**, where aerosols cannot accumulate, also prevents transmission.

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Source: CDC / UMMC
How Can We Prevent COVID-19?

- Wash your hands with an alcohol-based sanitizer or with soap and water.
- Keep 6 ft distance between yourself and others.
- Try your best not to touch your eyes, your nose and your mouth.
- Cover your mouth and your nose with your bent elbow or a tissue when coughing and wear masks.
- Seek medical attention if you have difficulty breathing and a high fever.
- Follow the directions of your national or local health authorities.

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Seek information on COVID-19 from credible sources

Do not circulate social media posts that carry unverified or negative information

Seek psychosocial support in case of any distress or anxiety

Limit going to social gatherings and say no to crowded places.

Show compassion and support to persons affected with COVID-19 and their families

Boost the morale of doctors, nurses, police, sanitation workers who are on guard 24X7 to protect us

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Mask - Wearing Hygiene

- Completely cover your nose and mouth
- Fit snugly against the sides of your face and don’t have gaps
- Have a nose wire to prevent air from leaking out of the top of the mask

How to Take Off Your Mask

- Untie the strings behind your head or stretch the ear loops
- Handle only by the ear loops or ties
- Fold outside corners together
- Wash hands immediately after removing

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Which MASK to use?

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Physical Distancing

1. Keep 6 ft distance as much as possible
2. Do not gather in crowded spaces
3. Always leave alternate seats empty in public vehicles

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Open and Well-Ventilated Spaces are Safer!

There are certain places where COVID-19 spreads more easily:

1. **Crowded places**  
   with many people nearby

2. **Close-contact settings**  
   Especially where people have close-range conversations

3. **Confined and enclosed spaces**  
   with poor ventilation

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WHAT TO DO IF YOU HAVE SYMPTOMS

STEP 01
On appearance of any symptoms kindly self quarantine

STEP 02
Get yourselves tested. Call #Tele Care if you are unsure

STEP 03
Patiently wait for the results of the test

STEP 04
Don’t panic if the results are positive. Call # Tele Care for any query

STEP 05
Follow-up by our nurses; Follow the instructions provided by the doctor

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Infection prevention and control measures on Identification of/ with suspected or confirmed COVID-19 infection

- Give suspected person a triple layer surgical mask and direct person to separate area, an isolation room if available.
- Keep at least 1 meter distance between suspected person and other person.
- Instruct all person to cover nose and mouth during coughing or sneezing with tissue or flexed elbow for others.
- Perform hand hygiene after contact with respiratory secretions.
- Inform to local health authorities.

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Self Testing

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Because it’s worth it!

- Home tests/self tests (RAT) is a key risk-reduction mechanism.
- Easy to use, NOT UNPLEASANT and produce rapid results.
- Regardless of vaccination status, or whether or not you have symptoms. (if you have been exposed)
- If you test **positive** - isolate, continue CAB and inform your healthcare provider, as well as any close contacts.
- A **negative** self-test result, **does not rule out infection**. Follow up with an RT-PCR to rule out infection.
- If you have been exposed, repeat the test within a few days, with at least 24 hours between tests.

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ICMR approved testing kits

- Mylab Discovery’s Coviself (Pathocatch) COVID-19 OTC Antigen LF device
- Abbott Rapid’s Panbio COVID-19 Antigen rapid test device
- Meril Diagnostics’ CoviFind COVID-19 Rapid Antigen self-test
- Angstrom Biotech’s Angtech COVID-19 home test kit
- Healgen Scientific Limited’s CliniTest COVID-19 Antigen self-test
- SD Biosensor Healthcare’s ULTRA Covi-Catch SARS-CoV-2 home test
- Nulife Care’s AbCheck Rapid Antigen self-test

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VACCINATION

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Let’s give it a shot!

- Most potent tool against COVID-19 infections.
- Prevention is better than cure
- Accelerate the ongoing vaccination efforts
- Vaccination for adolescents and children
- Precautionary shots - elderly with comorbidities and healthcare workers

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Revised gOvernment Order

In continuation with the government order no. RD 158 TNR 2020 dated 04-01-2022 and in exercise of the powers conferred under section 24(1) of the disaster management act, 2005, the undersigned, in the capacity of chairman, state executive committee, hereby directs labour department and health department to take following action with immediate effect:

● The labour department shall ensure that the employees working in industries /factories, IT industries etc, are vaccinated with 2 doses of COVID 19 vaccine and strictly adhere to COVID 19 appropriate behaviour in their workplace. The local labour officer along with health department official shall verify the vaccine status of the employees working in said establishments in their respective jurisdictions and also compliance to COVID 19 appropriate behaviour in the workplace.

● Any employees / management violating these measures will be liable to be proceeded against as per the provisions of section 51 to 60 of the disaster management act, 2005, besides legal action under sections 188 of the IPC, and other legal provinces as applicable.

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Management Care

- To provide care and support to worker as they navigate the pandemic. Understand that worker or their families might be affected by Covid and they need help.

- Consists of 2 primary services, to help with any clinical services in the factory clinic worker might need, including navigation to ESIC hospital and other resources.

- Swasti have **Telecare services** to provide primary health care including counsellors to provide emotional well-being support. Factory management has to navigate and linking through telecare/ share telecare number with workers to avail the services.
ROLE of the Health Team

Health workers should:

- Use provided protocols to assess, triage, and treat patients;
- Treat patients with respect, compassion, and dignity
- Maintain patient confidentiality
- Swiftly follow established public health reporting procedures of suspected and confirmed cases
- Provide or reinforce accurate IPC and public health information, including to concerned people who have neither symptoms nor risk
- Put on, use, take off, and dispose of PPE properly
- Self-monitor for signs of illness and self-isolate and report illness to managers, if it occurs
- Report to your immediate supervisor any situation which you have reasonable justification to believe presents an imminent and serious danger to life or health
- Zero-tolerance policies towards workplace violence and harassment

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Question and Answer

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Thank You

Stay Masked. Stay Safe. Be Well.

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