

Webinar Session on COVID-19

i4We Factories

#Tele Care - 080-47112423





3rd wave preparedness and Response

- **Protocols and guidelines at workplace**
- **Role of the factory team**
- **Q & A**



What is causing the 3rd wave

- Mostly due to the Omicron VoC, which is a mutant strain.
- Characteristics of Omicron
 - More transmissible, slightly less virulent
 - Possibly reduced vaccine efficacy
 - □ Increased risk of reinfection/breakthrough infection
 - Preference for younger age groups.



Should we be worried?

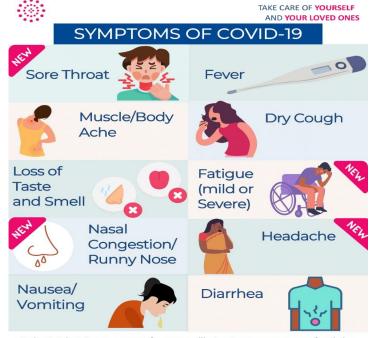
- Left unchecked, Omicron could overwhelm the Health System
- □ There is no need to panic:
 - Covid-Appropriate Behavior
 - □ Vaccination, including boosters
 - □ Testing as often as necessary.



Symptoms Associated with the Omicron

There is currently no information to suggest that symptoms associated with Omicron are different from those from other variants.

All variants of COVID-19, including the Delta variant that is dominant worldwide, can cause severe disease or death, in particular for the most vulnerable people, and thus prevention is always key.



At the Catalyst Group, we care for your wellbeing. In case you or your family has tested positive for COVID-19, you can call #CatalystCares on 080-35018034 between 10AM to 8PM to speak to a nurse, doctor or get more information. To know about the COVID-19 spread in Bangalore, Please follow @precisionhealth on Twitter. #StayCleanStaySafe



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ASYMPTOMATIC PEOPLE

□ Many people infected with COVID-19 show mild to no symptoms.

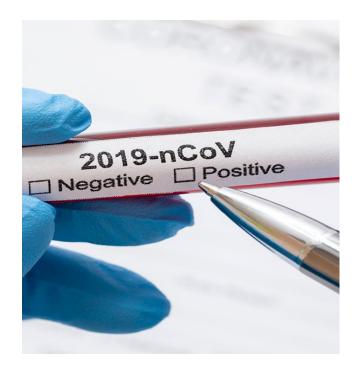
The incubation period is from- 2 to 14 days possibly lesser for Omicron (3-5 days)

The asymptomatic nature of the disease makes the transmission containment difficult.

Thus, we can still catch the disease from an

infected person who only has a mere cough,

cold or fever and does not feel ill





How Can It Spread?

CORONAVIRUS TRANSMISSION

FOMITES



Fomites are contaminated objects and surfaces that transmit coronavirus. from your hands to your eyes, nose or mouth. Fornite spread is more likely on hard, non-porous materials like metals and plastics. Regular use of hand sanitizer and vigorous hand-washing can prevent fomite spread.



DROPLETS



Droplets are moist particles expelled from speaking, breathing, coughing and sneezing. They are considered to be the primary vector of COVID-19 infection. Virusbearing droplets can spread coronavirus through your eves, nose or mouth. Droplets do not remain airborne long: 6 feet of distance limits exposure, but masks covering the mouth and nose are the best prevention.



Eve protection



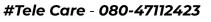
Staying outdoors

AEROSOLS



Aerosols are tiny particulates that infected carriers exhale, especially when shouting, singing, or speaking. Aerosols are mostly inhaled as a means of transmitting the virus. Unlike droplets, aerosols can remain airborne for several hours, can travel further than 6 feet, and may accumulate, especially in poorly ventilated, closed spaces. Masks, worn snugly and properly, are extremely effective at containing aerosols. Remaining outdoors, where aerosols cannot accumulate, also prevents transmission







How Can We Prevent COVID-19?



Wash your hands with an alcohol-based sanitizer or with soap and water



Keep 6 ft distance between yourself and others



Try your best not to touch your eyes, your nose and your mouth



Cover your mouth and your nose with your bent elbow or a tissue when coughing and wear masks



Seek medical attention if you have difficulty breathing and a high fever



Follow the directions of your national or local health authorities



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Protecting Yourself & Preventing the Spread of covid-19



Limit going to social gatherings and say no to crowded places.



Seek information on COVID-19 from credible sources

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between 9AM to 8PM, Monday to Saturday



Do not circulate social media posts that carry unverified or negative information



Seek psychosocial support in case of any distress or anxiety



Show compassion and support to persons affected with COVID-19 and their families



Boost the morale of doctors, nurses, police, sanitation workers who are on guard 24X7 to protect

us



Mask - Wearing Hygiene







Fit snugly against the sides of your face and don't have gaps



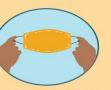
Have a nose wire to prevent air from leaking out of the top of the mask



How to Take Off Your Mask



Untie the strings behind your head or stretch the ear loops



Handle only by the ear loops or ties



Fold outside corners together

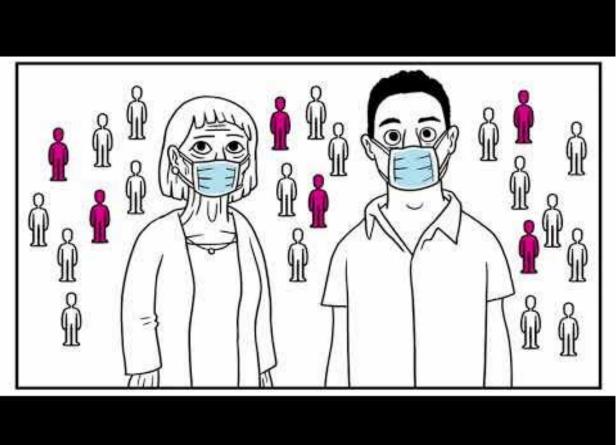


Wash hands immediately after removing



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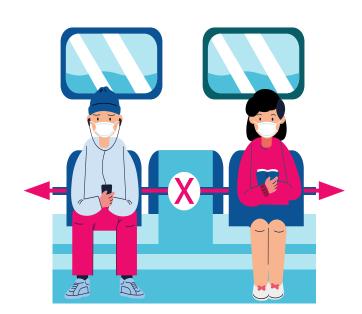
Which MASK to use?



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Physical Distancing



Keep 6 ft distance as much as possible

Do not gather in crowded spaces

Always leave alternate seats empty in public vehicles

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Open and Well-Ventilated Spaces are Safer!

There are certain places where COVID-19 spreads more easily:

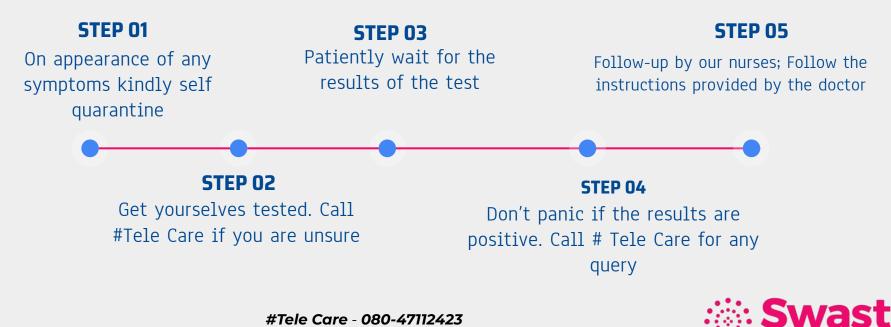




nearby

people have closerange conversations

WHAT TO DO IF YOU HAVE SYMPTOMS



Infection prevention and control measures on Identification of/ with suspected or confirmed COVID - 19 infection

- Give suspected person a triple layer surgical mask and direct person to separate area, an isolation room if available.
- □ Keep at least 1 meter distance between suspected person and other person.
- Instruct all person to cover nose and mouth during coughing or sneezing with tissue or flexed elbow for others
- Perform hand hygiene after contact with respiratory secretions
- □ Inform to local health authorities





Self Testing





Because it's worth it!

- □ Home tests/self tests (RAT) is a key risk-reduction mechanism.
- Easy to use, NOT UNPLEASANT and produce rapid results.
- Regardless of vaccination status, or whether or not you have symptoms. (if you have been exposed)
- If you test **positive** isolate, continue CAB and inform your healthcare provider, as well as any close contacts.
- A **negative** self-test result, **does not rule out infection**. Follow up with an RT-PCR to rule out infection.
- If you have been exposed, repeat the test within a few days, with at least 24 hours between tests.



ICMR approved testing kits

- Mylab Discovery's Coviself (Pathocatch) COVID-19 OTC Antigen LF device
- Abbott Rapid's Panbio COVID-19 Antigen rapid test device
- Meril Diagnostics' CoviFind COVID-19 Rapid Antigen self-test
- Angstrom Biotech's Angtech COVID-19 home test kit
- Healgen Scientific Limited's CliniTest COVID-19 Antigen self-test
- SD Biosensor Healthcare's ULTRA Covi-Catch SARS-CoV-2 home test
- Nulife Care's AbCheck Rapid Antigen self-test



VACCINATION





Let's give it a shot!

- Most potent tool against COVID-19 infections.
- Prevention is better than cure
- Accelerate the ongoing vaccination efforts
- Vaccination for adolescents and children
- Precautionary shots elderly with comorbidities and healthcare workers



Revised gOvernment Order

In continuation with the government order no. RD 158 TNR 2020 dated 04-01-2022 and in exercise of the powers conferred under section 24(1) of the disaster management act, 2005, the undersigned ,in the capacity of chairman, state executive committee, hereby directs labour department and health department to take following action with immediate effect

- The labour department shall ensure that the employees working in industries /factories, IT industries etc, are vaccinated with 2 doses of COVID 19 vaccine and strictly adhere to COVID 19 appropriate behaviour in their workplace. the local labour officer along with health department official shall verify the vaccine status of the employees working in said establishments in their respective jurisdictions and also compliance to COVID 19 appropriate behaviour in the workplace.
- ,Any employees / management violating these measures will be liable to be proceeded against as per the provisions of section 51 to 60 of the disaster management act, 2005, besides legal action under sections 188 of the IPC, and other legal provinces as applicable



Management Care

- To provide care and support to worker as they navigate the pandemic. Understand that worker or their families might be affected by Covid and they need help.
- Consists of 2 primary services, to help with any clinical services in the factory clinic worker might need, including navigation to ESIC hospital and other resources.
- Swasti have Telecare services to provide primary health care including counsellors to provide emotional well-being support. Factory management has to navigate and linking through telecare/ share telecare number with workers to avail the services





ROLE of the Health Team

Health workers should:

- Use provided protocols to assess, triage, and treat patients;
- Treat patients with respect, compassion, and dignity
- Maintain patient confidentiality
- Swiftly follow established public health reporting procedures of suspected and confirmed cases
- Provide or reinforce accurate IPC and public health information, including to concerned people who have neither symptoms nor risk
- Put on, use, take off, and dispose of PPE properly
- Self-monitor for signs of illness and self-isolate and report illness to managers, if it occurs
- Report to your immediate supervisor any situation which you have reasonable justification to believe presents an imminent and serious danger to life or health
- Zero-tolerance policies towards workplace violence and harassment

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Question and Answer



Thank You Stay Masked. Stay Safe. Be Well.

